

# Service Assessment for Healthcare Professionals

The purpose of this survey is to discover how people in the human services, or helping professionals view their job and the people with whom they work closely.

Please email your answers to [Kristen@CoachingResource.ca](mailto:Kristen@CoachingResource.ca) and I will return your results.

**How often:**

0	1	2	3	4	5	6
Never	A few times a year or less	Once a month or less	A few times times a month	Once a week	A few times a week	Every day

**How often 0-6**

**Statements**

1. \_\_\_\_\_ I feel emotionally drained from my work
2. \_\_\_\_\_ I feel used up at the end of the workday
3. \_\_\_\_\_ I feel fatigued when I get up in the morning and have to face another day on the job.
4. \_\_\_\_\_ I can easily understand how my patients feel about things
5. \_\_\_\_\_ I feel I treat some patients as if they were impersonal objects
6. \_\_\_\_\_ Working with people all day is really a strain for me
7. \_\_\_\_\_ I deal very effectively with the problems of my patients
8. \_\_\_\_\_ I feel burned out from my work
9. \_\_\_\_\_ I feel I'm positively influencing other people's lives through my work
10. \_\_\_\_\_ I've become callous toward people since I started my profession
11. \_\_\_\_\_ I worry that this job is hardening me emotionally
12. \_\_\_\_\_ I feel very energetic
13. \_\_\_\_\_ I feel frustrated by my job
14. \_\_\_\_\_ I feel I'm working too hard on my job
15. \_\_\_\_\_ I don't really care what happens to some of my patients
16. \_\_\_\_\_ Working with people directly puts too much stress on me
17. \_\_\_\_\_ I can easily create a relaxed atmosphere with my patients
18. \_\_\_\_\_ I feel exhilarated after working closely with my patients
19. \_\_\_\_\_ I have accomplished many worthwhile things in this job
20. \_\_\_\_\_ I feel like I'm at the end of my rope
21. \_\_\_\_\_ In my work, I deal with emotional problems very calmly
22. \_\_\_\_\_ I feel recipients blame me for some of their problems

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(Administrative use only) EE: \_\_\_\_ cat: \_\_\_\_ DP: \_\_\_\_ cat: \_\_\_\_ PA: \_\_\_\_ cat: \_\_\_\_